# EDS & Medical Cannabis Questions & Answers

Which receptor is which? CB1: THC CB2: CBD

### **Can cannabis reduce spasticity?**

Yes, this has been observed in the clinic and is dose-dependent. This should be further discussed with a physician at Apollo.

For people that have chronic kidney diseases, it is not recommended to take Advil because of the damage it can cause to the kidney. How about cannabis? Cannabis does not affect the kidneys, as it is mostly cleared by the hepatic (liver) system.

**Should I stop muscle relaxants while taking THC oil? Or how long apart can I administer?** This would be best discussed during a consultation with a physician at Apollo. It would depend on which muscle relaxant is being used, and at what dose. Most times a few hours of separation can ensure safe use.

#### How does CBD compare to other pain management?

It is very comparable, except when it comes to side effects. Cannabis is MUCH safer than most traditional pain medications.

### Are there benefits to CBD and THC combined rather than just CBD?

CBD does benefit from small amounts of THC when being used in your body. This is called the entourage effect. When combined, the compounds have a synergistic effect.

# Are there implications of CBD and or THC use and anesthesia that we should be concerned about with long-term use for pain management?

No. Anyone who is planning to undergo anesthesia for any procedure should discuss with their surgeon or anesthesiologist prior to the procedure. Also, cannabis should be stopped 3-4 days prior to any procedure.

### Do you suggest using CBD/THC in compilation with other pain management like lowdose naltrexone LDN?

This should be discussed with your physician during a consultation at Apollo. This is dosedependent and more information is needed about the individual patient, their medical history, and current medications.

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### What effect does CBD have on migraines and chronic headaches?

CBD is used as an effective treatment for many who suffer from chronic migraines. Some use it preventively, while some use it only when their migraines occur. Finding the right dose, product, and strain will make the difference if it will be effective or not. That is why it is a great idea to have a medical cannabis doctor to consult with. With correct dosing and strain, we can expect a reduction in severity and incidence.

### What about rebound headaches?

CBD/THC can be used to address this type of headache/pain as well.

**Does taking CBD impair your cognitive abilities, ie. to operate machinery or drive?** As long as the THC limit is below 1%, this means it is considered just CBD oil and should not have any effect on your motor functions. But, as each person is different, this is best discussed during a consultation with a physician at Apollo. Although CBD is said to have little to no psychoactive effect, it is still best to discuss this during a consultation. Many CBD only products are available for medical cannabis patients.

#### **CBD** and histamine intolerance;

-No connection. Many use CBD and report it helps with allergies.

### Are there other allergies or intolerances with CBD?

Some allergies may occur with the cannabis oils if you are allergic to an MCT or coconut oil, as that is what is generally used to suspend the cannabinoids in cannabis oil. Though rare, some people may be allergic to cannabis itself. This can be managed in consultation with a physician at Apollo to ensure the correct medication is prescribed for each individual.

### Can you use LDN with CBD/THC?

This should be discussed with your physician during a consultation at Apollo. This is dosedependent, and more information is needed about the individual patient, their medical history, and current medications.



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